

Got Food?

Sadly, not everyone is able to answer “yes” to this question. Texas has the **second highest** food insecurity rate in the nation.

Our Phi Theta Kappa Chapter helps combat food insecurity on campus by operating a food pantry for Grayson College students.

We Need Your Help!

This year, we are hosting a **Canstruction** competition. Teams can gather nonperishable food items and then build a structure out of those items. Structures will be judged and the first place team will **win \$200** with **\$100** going to the team that places second. A great cause, competition, and a chance to win some money - that’s a winning combination!



Teams must register by October 1 and structures will be built in November. Full Canstruction rules can be picked up in the Life Center in Office 204 or inside the Recreation Center. They are also available on our website: ptkomicronpsi.org.

If you have any questions, please contact:

Professor Mary Linder
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Suggested food items:
canned meats
canned vegetables
peanut butter
canned chunky soups
boxed meals
macaroni & cheese
rice
cooking oil
powdered milk
canned fruits